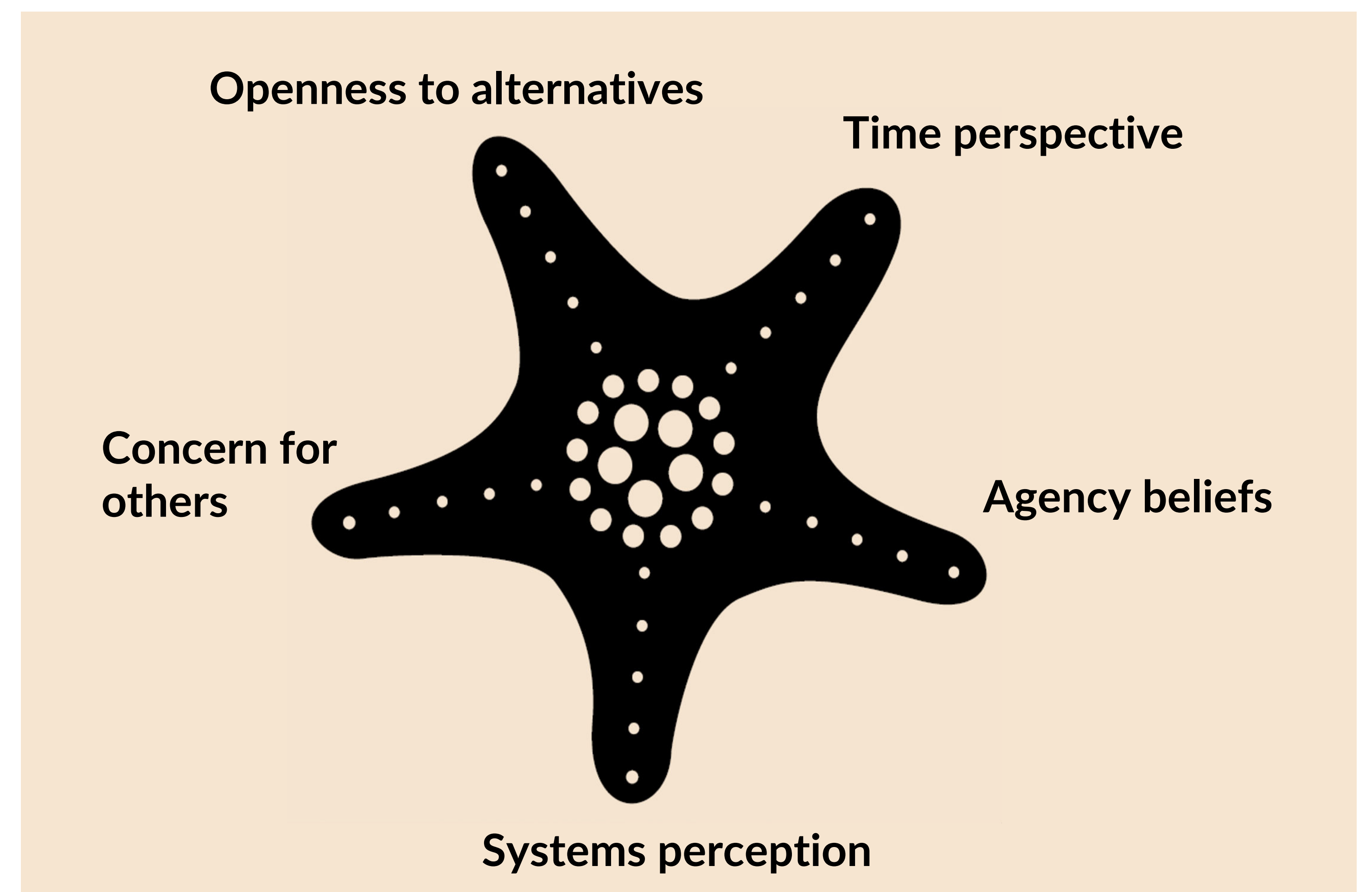
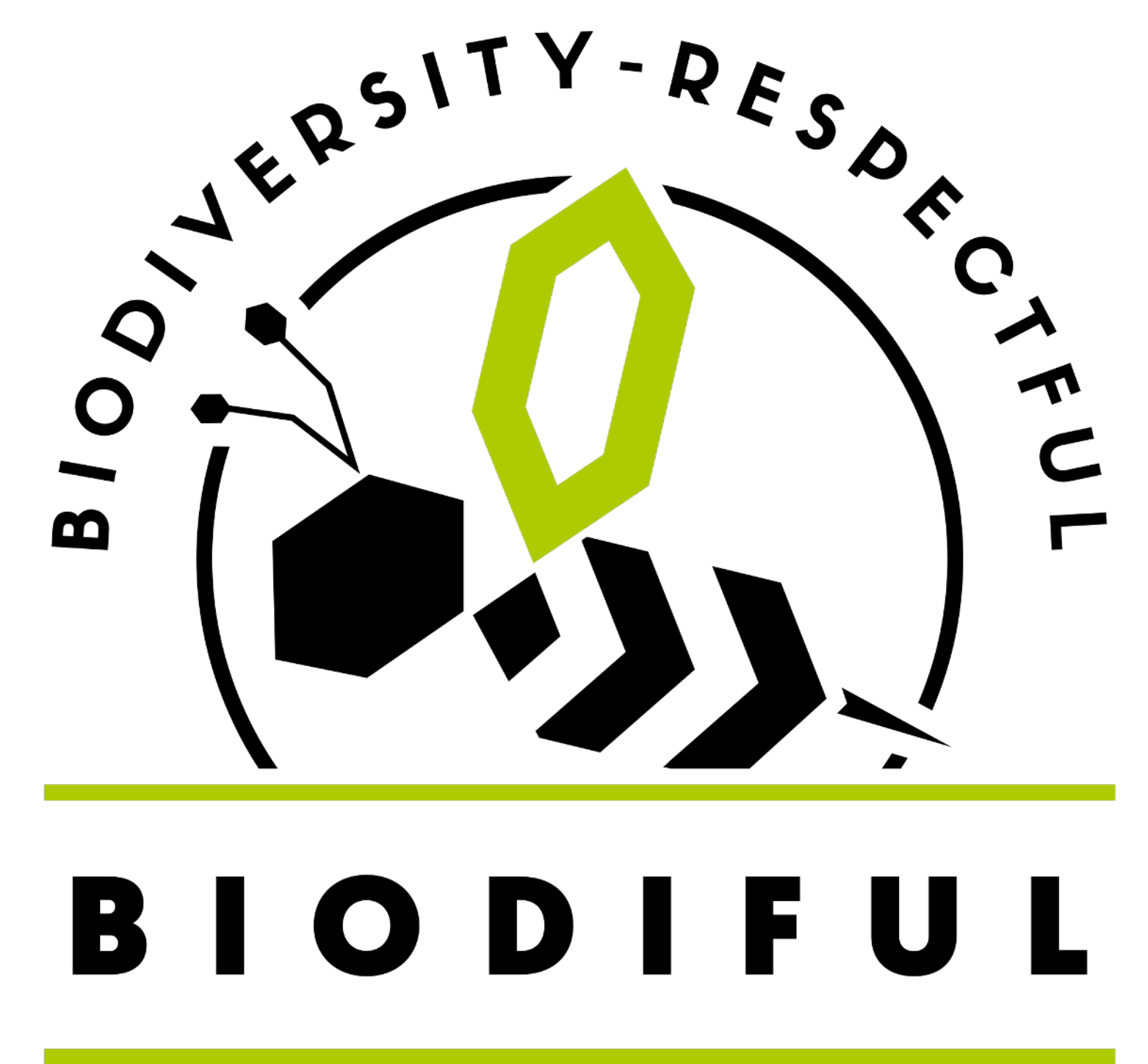


# Does futures consciousness make us more respectful of biodiversity?

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**Futures consciousness is the human capacity to understand, anticipate, prepare for and embrace the future. It influences the ways we see our future and how we behave in order to influence and adapt to it. Within the BIODIFUL research project, we study how this capacity may influence our attitudes and behaviour related to the protection and respect for biodiversity.**



## Futures Consciousness in a nutshell

- ✓ A group of abilities and aptitudes used when thinking about the future.
- ✓ Used every day, but usually without thinking.
- ✓ Can be developed with practice, through raised awareness.
- ✓ Used to make better long-term decisions.

## The Futures Consciousness Scale

The 20 item Futures Consciousness Scale is a composite psychometric test that gives a measurement of an individual's futures consciousness across the five dimensions. The scale has been scientifically validated in English, Finnish, French and German. In addition, there is a version targeted for teenagers in English, Dutch, Italian and Turkish.

## References

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- Ahvenharju, S., Minkinen, M., & Lalot, F. (2018). The five dimensions of Futures Consciousness. *Futures*, 104.
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## The Five Dimensions of Futures Consciousness

- Time perspective is the ability to be aware of the past, present and future, as well as the way events follow each other over time.
- Agency Beliefs are a basic sense of confidence that an individual has in their own ability to influence the external world.
- Systems perception is the ability to recognize human and natural systems around us including groups, societies and ecosystems.
- Concern for Others relates to the degree to which an individual pursues favourable futures for a group beyond themselves.
- Openness to alternatives refers to our ability critically question commonly accepted ideas and influences an individual's willingness to consider alternative ways of being and doing.

## MORE INFORMATION

Please visit  
[futuresconsciousness.utu.fi](https://futuresconsciousness.utu.fi)

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