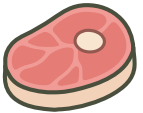


5

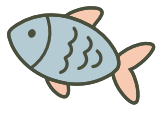
**Grilled
sausage**



5

7

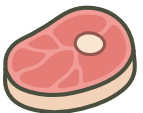
**Oven-baked
salmon**



7

9


Minced meat patty



6.

9


Guacamole



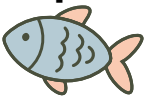














6.

5

Boiled rice

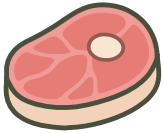


5

6 Herring patties  9.	01 Butter tofu  10	8 Roasted root vegetables  8	1 Apple pie (vegan)  1
4 Shredded carrot  4	7 Boiled potatoes  7	0 Lemonade  0	6 Vegan lasagne  9.
4 Coleslaw  4	2 Cucumber  2	01 Veggie patties (soy)  10	9 Rye bread (2 slices)  6.
3 Oat-based cream cheese  3	4 Berry smoothie  4	7 Creamy mushroom sauce  7	

£

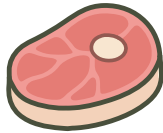
Ham slices
(2 slices)



3

9.


Pork chops



6.

£


Vegan cheese slices
(2 slices)



3

£

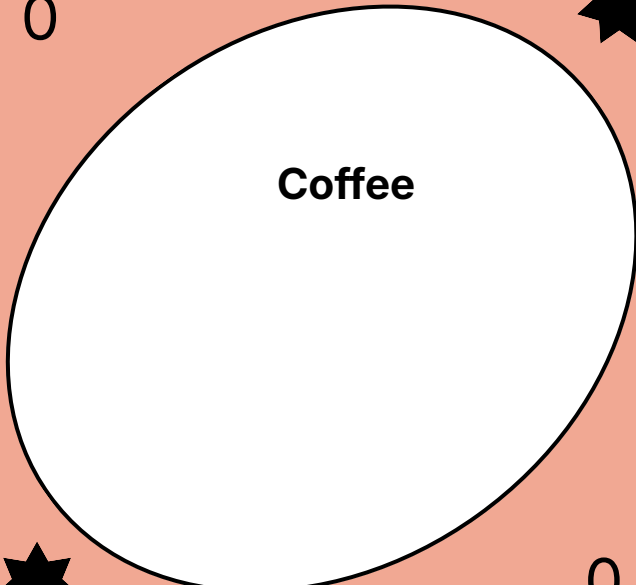
Margarine
(vegetable-based)



3

0

Coffee



0

1

Chocolate dessert
(vegan)






1

L

Chicken Kyiv

7







0

Tea


0





ε

Butter

3





7

Hummus



4

9

Whole grain pasta



6.

01

Grilled chicken breast



10

3

Cheese slices
(2 slices)



3

3

Orange



3

8

Lentil stew



8

4

Olive oil



4

3

Banana



3

4

Pollock fish patties



7

9

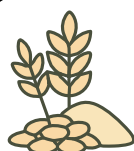
Seasoned beans



6.

9

**White
wheat bread
(2 slices)**



6.

2

Fruit quark



2

6


Herring
patties



9.

01


Butter
tofu



10

8


Roasted root
vegetables



8

1


Apple pie
(vegan)



1

4


Shredded
carrot



4

7


Boiled
potatoes



7

0

Lemonade



0

6

Vegan
lasagne



9.

4


Coleslaw



4

2


Cucumber



2

01


Veggie patties
(soy)



10

9


Rye bread
(2 slices)



6.

3

Oat-based cream
cheese



3

4

Berry
smoothie



4

7

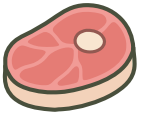
Creamy
mushroom
sauce



7

5

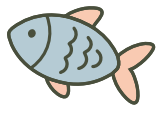
Grilled sausage



5

4

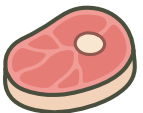
Oven-baked salmon



7

9


Minced meat patty



6.

9


Guacamole



6.

5

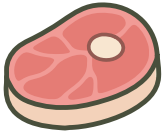
Boiled rice



5

Ε

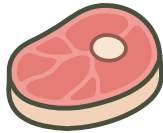
Ham slices
(2 slices)



3

9


Pork chops



6

Ε


Vegan cheese slices
(2 slices)



3

Ε

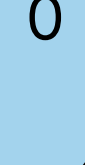
Margarine
(vegetable-based)



3

0


Coffee



0

1


Chocolate dessert
(vegan)



1

L

Chicken Kyiv



7


0

Tea

0

ε

Butter



3

4


Hummus



4

9


Whole grain pasta



6

01


Grilled chicken breast



10

ε


Cheese slices (2 slices)



3

ε


Orange



3

8

Lentil stew



8

4


Olive oil



4

ε

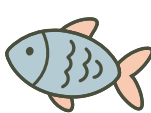
Banana



3

7

Pollock fish patties



7

9

Seasoned beans



6

9

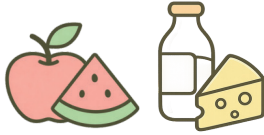
White wheat bread (2 slices)



6

2

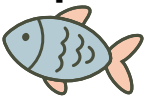
Fruit quark



2

6


Herring
patties



9.

01


Butter
tofu



10

8


Roasted root
vegetables



8

1


Apple pie
(vegan)



1

4


Shredded
carrot



4

7

Boiled
potatoes



7

0

Lemonade



0

6

Vegan
lasagne



9.

4


Coleslaw



4

2


Cucumber



2

01


Veggie patties
(soy)



10

9


Rye bread
(2 slices)



6.

3

Oat-based cream
cheese



3

4

Berry
smoothie



4

7

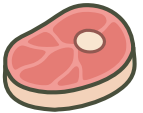
Creamy
mushroom
sauce



7

5

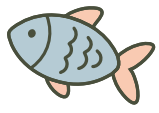
**Grilled
sausage**



5

7

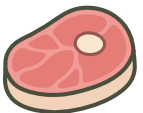
**Oven-baked
salmon**



7

9


Minced meat patty



6.

9


Guacamole



6.

5

Boiled rice

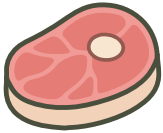


5

£

★

Ham slices
(2 slices)



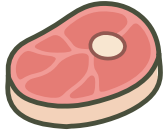
★

3

9

★

Pork chops




★

6.

£

★

Vegan cheese slices
(2 slices)




★

3

£

★

Margarine
(vegetable-based)



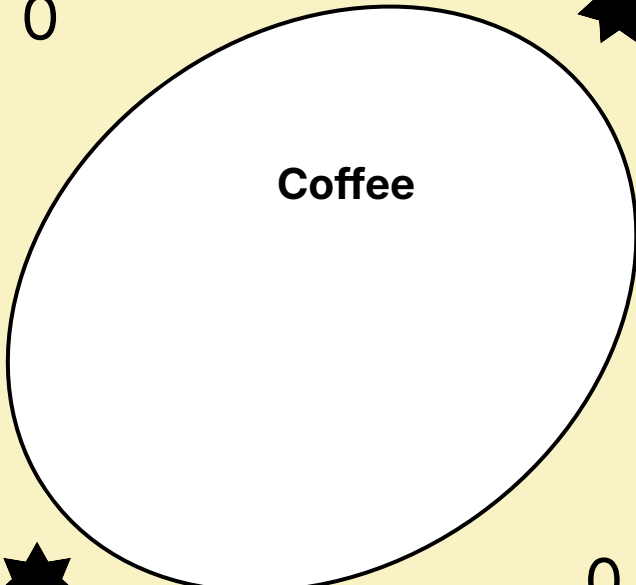
★

3

0

★

Coffee



★

0

1

★

Chocolate dessert
(vegan)




★

1

L


Chicken Kyiv



7

0


Tea



0

E

Butter



3

4


Hummus



4

9


Whole grain pasta



6

01

Grilled chicken breast



10

ε


Cheese slices (2 slices)



3

ε


Orange



3

8

Lentil stew



8

4


Olive oil



4

ε

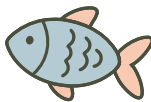
Banana



3

7

Pollock fish patties



7

9

Seasoned beans



6

9

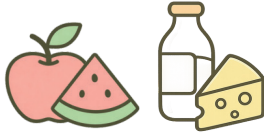
White wheat bread (2 slices)



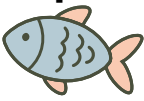














6

2

Fruit quark

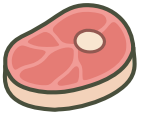


2

6 Herring patties  9.	01 Butter tofu  10	8 Roasted root vegetables  8	1 Apple pie (vegan)  1
4 Shredded carrot  4	7 Boiled potatoes  7	0 Lemonade  0	6 Vegan lasagne  9.
4 Coleslaw  4	2 Cucumber  2	01 Veggie patties (soy)  10	9 Rye bread (2 slices)  6.
3 Oat-based cream cheese  3	4 Berry smoothie  4	7 Creamy mushroom sauce  7	

5

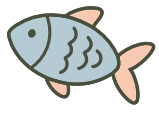
Grilled sausage



5

7

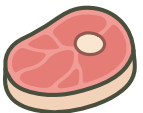
Oven-baked salmon



7

9


Minced meat patty



6.

9


Guacamole



6.

5

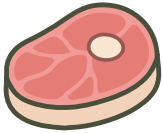
Boiled rice



5

£

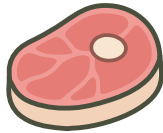
Ham slices
(2 slices)



3

9


Pork chops



6

£


Vegan cheese slices
(2 slices)



3

£


Margarine
(vegetable-based)



3

0

Coffee



0

1


Chocolate dessert
(vegan)



1

L

Chicken Kyiv



7


0

Tea

0

E

Butter



3

4

★

Hummus



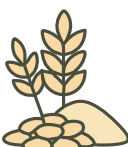
4

★

9

★

Whole grain pasta




6

★

01

★

Grilled chicken breast



10

★

ε

★

Cheese slices
(2 slices)




3

★

ε

★

Orange




3

★

8

★

Lentil stew



8

★

4

★

Olive oil




4

★

ε

★

Banana



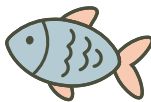
3

★

7

★

Pollock fish patties



7

★

9

★

Seasoned beans



6

★

9

★

White wheat bread
(2 slices)




6

★

2

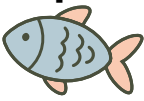




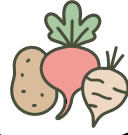









★

Fruit quark



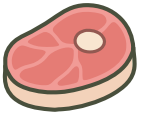
2

★

6 Herring patties  9.	01 Butter tofu  10	8 Roasted root vegetables  8	1 Apple pie (vegan)  1
4 Shredded carrot  4	7 Boiled potatoes  7	0 Lemonade  0	6 Vegan lasagne  9.
4 Coleslaw  4	2 Cucumber  2	01 Veggie patties (soy)  10	9 Rye bread (2 slices)  6.
3 Oat-based cream cheese  3	4 Berry smoothie  4	7 Creamy mushroom sauce  7	

5

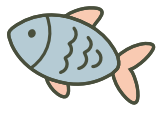
**Grilled
sausage**



5

7

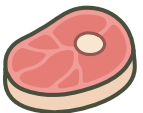
**Oven-baked
salmon**



7

9


Minced meat patty



6.

9


Guacamole



6.

5

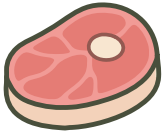
Boiled rice



5

Ε

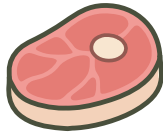
Ham slices
(2 slices)



3

9


Pork chops



6

Ε


Vegan cheese slices
(2 slices)



3

Ε


Margarine
(vegetable-based)



3

0

Coffee



0

1


Chocolate dessert
(vegan)



1

L

Chicken Kyiv



7


0

Tea

0

ε


Butter



3

4


Hummus



4

9


Whole grain pasta



6

01


Grilled chicken breast



10

ε


Cheese slices (2 slices)



3

ε


Orange



3

8

Lentil stew



8

4


Olive oil



4

ε

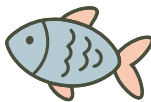
Banana



3

7

Pollock fish patties



7

9

Seasoned beans



6

9


White wheat bread (2 slices)



6

2

Fruit quark



2

6


Herring
patties



9.

01


Butter
tofu



10

8


Roasted root
vegetables



8

1


Apple pie
(vegan)



1

4


Shredded
carrot



4

7

Boiled
potatoes



7

0

Lemonade



0

6

Vegan
lasagne



9.

4


Coleslaw



4

2


Cucumber



2

01


Veggie patties
(soy)



10

9


Rye bread
(2 slices)



6.

3

Oat-based cream
cheese



3

4

Berry
smoothie



4

7

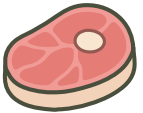
Creamy
mushroom
sauce



7

5

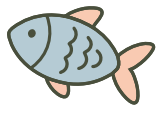
**Grilled
sausage**



5

7

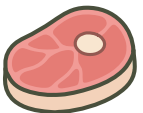
**Oven-baked
salmon**



7

9


Minced meat patty



6.

9


Guacamole



6.

5

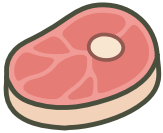
Boiled rice



5

Ε

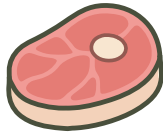
Ham slices
(2 slices)



3

9


Pork chops



6

Ε


Vegan cheese slices
(2 slices)



3

Ε

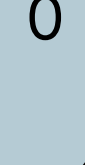
Margarine
(vegetable-based)



3

0


Coffee



0

1

Chocolate dessert
(vegan)




1

⌒

Chicken Kyiv

7

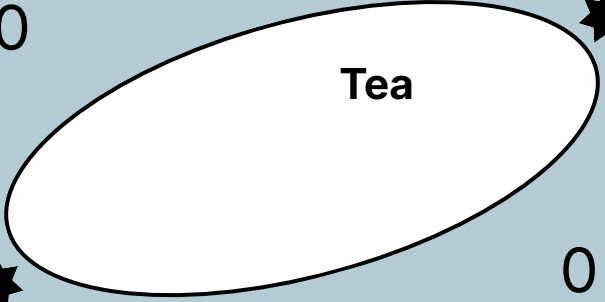


Four black star icons are positioned at the corners of the light blue background: top-left, top-right, bottom-left, and bottom-right.

0

Tea

0




Two black star icons are positioned at the corners of the light blue background: top-right and bottom-left.

ε

Butter

3



Two black star icons are positioned at the corners of the light blue background: top-right and bottom-left.

A recipe card for Hummus. The card has a light blue background with a white oval in the center. Inside the oval, the word "Hummus" is written in bold black text. Below the text are illustrations of a glass bottle of olive oil, a small bowl of chickpeas, and a green pea pod. The card is decorated with black starburst shapes in the corners and the number "4" in the corners.

A large white oval with a black border is centered on a light blue background. Inside the oval, the text "Whole grain pasta" is written in a bold, black, sans-serif font. Below the text is a simple illustration of two wheat stalks with golden-brown heads and green stems, growing out of a pile of yellow, tubular pasta pieces. The oval is positioned between the number "9" in the top-left corner and the number "6." in the bottom-right corner of the light blue area. There are also black star icons in the top-right and bottom-left corners of the light blue area.

A diagram of a white oval plate on a light blue background. Inside the plate, there is a bottle of milk and a wedge of Swiss cheese. The text "Cheese slices" is written in bold black font, with "(2 slices)" written below it in a smaller black font. The number "3" is written in the bottom right corner of the plate area. There are two black starburst shapes, one in the top left and one in the bottom left of the plate area.

A large white oval is centered on a light blue background. Inside the oval, the word "Orange" is written in a bold, black, sans-serif font. Below the word, there are two illustrations: a whole orange with a green leaf and a triangular slice of watermelon with a green rind and black seeds. The oval is surrounded by a light blue background. In the top-left corner of the background, there is a black Greek letter epsilon (ε). In the top-right corner, there is a black five-pointed star. In the bottom-left corner, there is another black five-pointed star. In the bottom-right corner, there is a black number 3.

A large white oval with a black border is centered on a light blue background. Inside the oval, the text "Lentil stew" is written in a bold, black, sans-serif font. Below the text is a simple illustration of a brown bowl filled with yellow lentils, with a green pea pod next to it. The number "8" is positioned in the top-left and bottom-right corners of the oval. Black four-pointed stars are located in the top-right and bottom-left corners of the oval.

A large white oval with a black border is centered on a light blue background. Inside the oval, the text "Olive oil" is written in bold black font. Below the text is a small icon of a glass bottle of olive oil with a yellow cap, next to two green leaves and a single yellow olive drop. The oval is surrounded by four black star-like shapes at the corners. The number "4" is written in black at the top-left and bottom-right corners of the oval.

A large, light blue oval with a black outline is centered on the page. Inside the oval, on the left, is a cartoon illustration of a blue fish with orange fins and a smiling face. To the right of the fish, the text "Pollock fish patties" is written in a bold, black, sans-serif font, arranged in two lines. The background of the entire page is a solid light blue color.

9


Seasoned
beans

6.

An illustration of a white wheat bread roll. The roll is depicted as a light-colored, oval-shaped loaf. To the left of the roll are two wheat stalks with golden-brown heads and green leaves. Below the stalks are several small, light-colored stones or pebbles. The entire scene is set against a light blue background. The text "White wheat bread" is written in a bold, black, sans-serif font, with "(2 slices)" in a smaller font below it. The number "9." is in the top left corner, and "6." is in the bottom right corner, both in a large, black, sans-serif font. There are also two black star-like shapes, one in the top right and one in the bottom left.

2

Fruit quark



2

The diagram shows a white oval containing the text "Fruit quark" and illustrations of an apple, a slice of watermelon, a bottle of quark, and a wedge of Swiss cheese. The number "2" is in the top-left and bottom-right corners, and a black star is in the top-right and bottom-left corners.